

SCHOOLS RAMS SUPPORT DOCUMENT

Auckland Duathlon Championships 2026



National Schools Duathlon Championships

Sunday 20 September 2026

Manukau Yacht & Motorboat Club, 85 Kiwi Esplanade, Māngere Bridge, Auckland

Document detail	Information
Event organiser	Auckland City Triathlon Club
Event permit	Auckland Council EVT251225561
Health and Safety status	Event Health & Safety Plan sighted by Auckland Council on 20 July 2026
School Sport NZ requirement	Schools must complete the required School Sport NZ roster
Teacher-in-Charge	Optional for this event; each school must nominate an available school contact

Important This document supports each school's own approval and RAMS processes. It does not replace school policies, consent, transport planning or individual student health management.

1. Purpose and use

This document summarises the event hazards, controls, emergency arrangements and school responsibilities for the Auckland Duathlon Championships. It is intended to provide schools with a concise basis for their own risk review and approval process.

- The event is sanctioned by Triathlon New Zealand and School Sport NZ.
- A Teacher-in-Charge is optional for this event.
- Every school must complete the School Sport NZ roster as required.
- Each school must provide a contact who can be reached on race day and assist with student accountability if required.

2. Event overview

Item	Detail
Format	Run, bike, run. Athletes may compete individually or in eligible teams.
Event hub	Manukau Yacht & Motorboat Club and adjacent reserve area.
Run courses	Kiwi Esplanade pathway and shared paths, including a gravel section within Ambury Regional Park.
Cycle course	Kiwi Esplanade, Andes Avenue, Muir Avenue and Ambury Road under the event Traffic

Item	Detail
	Management Plan.
Medical	Event Medic Safety, with qualified responders and an AED onsite.
Traffic management	i-Traffic, using the approved Traffic Management Plan.
Event Control	Located at the event hub for incident management, athlete accountability and coordination.
Emergency	Call 111 where urgent emergency assistance is required.

3. School responsibilities

Before the event

- ☐ Complete the required School Sport NZ roster.
- ☐ Confirm entries, student eligibility and category details.
- ☐ Ensure emergency contacts are accurate and available.
- ☐ Review relevant medical information and ensure required medication is available.
- ☐ Confirm the student's bike is safe and roadworthy and the helmet fits correctly.
- ☐ Ensure students read the Athlete Guide, understand their course and know their lap count.
- ☐ Complete any school-specific approval, consent, transport and supervision requirements.

On event day

- ☐ Have a nominated school contact available by mobile phone.(this may be a parent or caregiver)
- ☐ Ensure students attend the compulsory race briefing.
- ☐ Tell Event Control immediately about a missing, injured or withdrawing student.
- ☐ Assist Event Control and Timing with athlete identification and accountability if requested.
- ☐ Ensure students are accounted for before they leave the venue.

Teacher-in-Charge A Teacher-in-Charge may attend but is not compulsory for this event. The school remains responsible for completing the School Sport NZ roster and its own internal approval requirements.

4. Key hazards and controls

Hazard	Possible harm	Event controls
Road cycling and vehicles	Collision, fall or serious injury	Approved TMP; professional traffic management; marshals; course inspection; athlete briefing; signage and cones; road rules apply; no crossing the centreline; authorised vehicles may be present.
Shared paths and public users	Collision with walkers, dogs or park users	Public notification; signage; marshals at key points; keep-left instruction; athletes briefed to remain alert.
Wrong turn or missed lap	Athlete delayed, off course or unaccounted for	Course maps; coloured signs and arrows; marshals; athlete briefing; timing points; missing-athlete procedure.
Run surface	Slip, trip or fall on gravel or uneven ground	Pre-event inspection; hazards removed, isolated or marked; suitable footwear; athlete briefing.
Transition and finish areas	Congestion, bicycle contact, slip or trip	Athlete-only transition; technical officials; marked entry/exit; mount/dismount lines; no riding in transition; controlled finish chute.
Weather exposure	Cold, heat, wind or heavy rain	Forecast monitoring; shelter; hydration; warm/dry clothing; sunscreen; Medical support; delay, course change or cancellation if required.
Medical condition or acute illness	Serious illness, allergic reaction or other emergency	Relevant information reviewed; personal medication available; onsite Medical team and AED; emergency access maintained; 111 escalation.
Mechanical failure	Fall, injury or inability to continue	Roadworthy bike; helmet; pre-race checks; onsite mechanical support before racing; athlete withdraws safely if the bike fails during racing.
Event hub equipment	Trips, unsecured gazebos, fencing, cables or signs	Equipment secured; gazebo weights; cables covered; signs and fencing stable; hazards isolated or removed.
Missing student or withdrawal	Student not accounted for	Timing trigger; Event Control investigation; Section Director follow-up; school contact assistance; withdrawal recorded; student positively accounted for before closure.

5. Essential student safety instructions

- Read the online Athlete Guide including any relevant FAQ's. [AucklandDuathlon.nz](https://aucklandduathlon.nz)
- Attend the compulsory athlete briefing and follow instructions from officials, marshals and traffic management staff.
- Know the correct course, colour, turn points and number of laps before starting.
- Wear the timing transponder correctly and return it after finishing.
- Wear a correctly fitted and fastened helmet whenever in contact with the bike during the race process.

- Obey road rules, expect authorised vehicles and never cross the centreline.
- Keep left on shared paths and remain alert for the public, dogs and other athletes.
- Do not ride inside transition. Mount and dismount only at the marked lines.
- Report any injury, illness, mechanical failure, withdrawal or course concern immediately.
- Do not leave the venue after withdrawing until Event Control and the school contact know the student is safe.

6. Athlete withdrawal and missing-student process

Withdrawal

1. The student tells the nearest marshal, official, Timing or Event Control.
2. Event Control records the student's bib number, time, location and safe status.
3. Timing and the relevant Section Director are advised.
4. The school contact is informed where appropriate.
5. The record remains open until the student is positively accounted for.

Missing or overdue student

6. Timing identifies a missed timing point, overdue athlete or non-finisher and alerts Event Control.
7. Event Control opens a missing-athlete record and informs the Event Director and relevant Section Director.
8. Finish records, withdrawals, Medical, transition, toilets, marshals and the school contact are checked.
9. If unresolved, the Event Director coordinates a systematic course search and escalates to emergency services where required.
10. Only Event Control closes the incident after the student is positively confirmed safe.

Accountability rule Timing is the primary trigger for identifying potentially missing or overdue athletes. Event Control and the Section Directors are responsible for locating and positively accounting for the athlete. A student not reconciled through timing, withdrawal or finish records is treated as missing until confirmed safe.

7. Emergency and incident response

11. Make the immediate area safe without putting yourself at risk.
12. Alert Event Control or the nearest event official.
13. Provide the exact location, athlete number if known, and a brief description.
14. The Medical team responds and emergency services are called when required.
15. The Event Director may pause, modify, shorten or cancel racing.
16. The incident is recorded and reviewed.

For an immediate life-threatening emergency, call 111 and then notify Event Control as soon as possible.

8. Weather and contingency

Event conditions are monitored before and during the event. Heavy rain, high winds, poor visibility, flooding, unsafe surfaces or a serious incident may lead to a delayed start, shorter course, modified course, race hold, run-only format or cancellation. The Event Director makes the operational decision in consultation with relevant Technical Officials, Medical and Traffic Management leads.

- Students should bring warm and dry clothing for after racing.
- Students should bring water, sunscreen and suitable weather protection.
- Schools should monitor event communications before travelling.

9. School checklist

Stage	Check
Before approval	☐ School Sport NZ roster completed ☐ School approval and consent requirements completed ☐ Medical and emergency information reviewed ☐ Transport arrangements confirmed

10. Event contacts

Contact	Detail
Event Director	Lynley Twyman 021 403 036
Event Control	Event hub at Manukau Yacht & Motorboat Club
Medical provider	Event Medic Safety
Event email	duathlon@aucklandcitytri.co.nz
Emergency services	111

11. School review

School acknowledgement

The school confirms that:

- The school has reviewed this Schools RAMS Support Document and the event information relevant to its students.
- The required School Sport NZ roster has been completed.
- Student and emergency contact information supplied through the required entry and roster processes is accurate and current.
- Relevant medical information has been reviewed and communicated through the appropriate process.
- Students have been advised to read the Athlete Guide, understand their course and attend the compulsory race briefing.
- Students understand that road rules apply, authorised vehicles may be present, and cyclists must not cross the centreline.
- Students understand that any withdrawal must be reported immediately and they must remain accounted for before leaving the venue.
- The school has considered additional risks arising from its own travel, supervision and student arrangements.
- The school will notify Event Control immediately if a student is missing, injured or otherwise unaccounted for.
- Where a school contact or Teacher-in-Charge attends, that person will assist Event Control with student accountability if required.

Important limitation

This document summarises the event organiser's hazards and controls and supports the school's RAMS process. It does not replace:

- the school's own approval and risk-management procedures;

- parent or caregiver consent required by the school;
- the school's travel and transport arrangements;
- management of individual student health, medical or supervision requirements; or
- the athlete's responsibility to follow event instructions, the Athlete Guide and competition rules.

Source and document control

This document is based on the Reviewed ACTC Duathlon Event Management Plan 2026 and its signed-off Health & Safety Plan and Risk Assessment Register. If event-day conditions or official instructions differ, the current Event Director, Traffic Management, Medical and Technical Official instructions take precedence.